



Douglas City School Cross Country 2024



Date	Day	Place	Meet Start	Leave Time	Approx Return Time
9/6/2024	Fri	Trinity Alps Golf Course-Trinity Prep Meet	12:15pm	11:30pm	2:30pm
9/13/2024	Fri	Mount Shasta	12:00pm	9:00am	4:00pm
9/25/2024	Wed	Fall River Meet	2:00pm	11:00am	6:00pm
10/2/2024	Wed	Douglas City Meet	2:30pm		
10/16/2024	Wed	Hayfork	2:30pm	1:00pm	5:00pm
10/18/2024	Fri	Yreka	12:30pm	9:30am	5:30pm

Practices are Tuesday/Thursday 3:45pm-5:15pm

*** No Practice October 10th**

Coach: Chris Kennedy

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Updated 9/5/2024