

September 2024

Douglas City School

Breakfast/Lunch

Monday 2  No School Labor Day	Tuesday 3 *Cereal 1oz Apple Sauce 1 cup Milk 8oz	Wednesday 4 EO *Blueberry Muffin 1oz Strawberries 1 cup Milk 8oz	Thursday 5 *Granola Bar 1oz Yogurt 4oz Banana 1 cup Milk 8oz	Friday 6 Cream of Wheat 3/4 cup *Toast 1oz Mixed Fruit 1 cup Milk 8oz
Monday 9 *Pancakes 1oz Kiwi 1 cup Milk 8oz	Tuesday 10 *Cereal 1oz Apple 1 cup Milk 8oz	Wednesday 11 *Bagel 2oz Cream Cheese Cantaloupe 1 cup Milk 8oz	Thursday 12 *Granola Bar 1oz Yogurt 4oz Strawberries 1 cup Milk 8oz	Friday 13 Scrambled Eggs 1oz *Toast 1oz Orange 1 cup Milk 8oz
Monday 16 *Breakfast Sandwich 4oz Apple 1 cup Milk 8oz	Tuesday 17 *Cereal 1oz Mixed Fruit 1 cup Milk 8oz	Wednesday 18 EO *Muffin 1oz Peach 1 cup Milk 8oz	Thursday 19 *Granola Bar 1oz Yogurt 4oz Strawberries 1 cup Milk 8oz	Friday 20 Scrambled Eggs 1oz *Toast 1oz Apple 1 cup Milk 8oz
Monday 23 *French Toast Sticks 1oz Apple Sauce 1 cup Milk 8oz	Tuesday 24 *Cereal 1oz Mixed Fruit 1 cup Milk 8oz	Wednesday 25 *Bagel 2oz Cream Cheese Fruit Cup 1/2 cup Dried Fruit 1/4 cup Milk 8oz	Thursday 26 *Granola Bar 1oz Yogurt 4oz Banana 1 cup Milk 8oz	Friday 27 *Pancakes 1oz Apple 1 cup Milk 8oz
Monday 30 *Oatmeal 3/4 cup Mixed Fruit 1 cup Milk 8oz				

A variety of fruits and vegetables served daily.

Vegetarian options everyday. \*Whole grain/Enriched.

Nonfat unflavored milk and 1% unflavored milk served daily.

The USDA and CDE are equal opportunity provider and employers.

Menu subject to change

Monday	2	Tuesday	3	Wednesday	4 EO	Thursday	5	Friday	6
No School Labor Day		Bean&Cheese Burrito *Tortilla Salad Bar Apple Milk	1/2 cup 1oz 3/4 cup 1/2 cup 8oz	*Cheese Pizza Salad Bar Fruit Cup Milk	4oz 3/4 cup 1/2 cup 8oz	Hamburger *Bun Salad Bar Watermelon Milk	1oz 2oz 3/4 cup 1/2 cup 8oz	PB&J Sandwich *Bread Salad Bar Cantaloupe Milk	1oz 2oz 3/4 cup 1/2 cup 8oz
Monday	9	Tuesday	10	Wednesday	11	Thursday	12	Friday	13
*Corn Dog Salad Bar Apple Milk	4oz 3/4 cup 1/2 cup 8oz	Chicken Quesadilla *Tortilla Salad Bar Watermelon Milk	2oz 1oz 3/4 cup 1/2 cup 8oz	Spaghetti *Pasta Salad Bar Banana Milk	1/2 cup 1oz 3/4 cup 1/2 cup 8oz	Chicken Sandwich *Bun Salad Bar Honey Dew Melon Milk	1oz 2oz 3/4 cup 1/2 cup 8oz	Turkey Sandwich *Bread Salad Bar Pear Milk	1oz 2oz 3/4 cup 1/2 cup 8oz
Monday	16	Tuesday	17	Wednesday	18 EO	Thursday	19	Friday	20
Chicken Chili *Corn Chips Vegetables Fruit Milk	1/2 cup 1oz 3/4 cup 1/2 cup 8oz	Beef Taco *Tortilla Refried Beans Salad Bar Fruit Milk	1oz 1oz 1/2 cup 3/4 cup 1/2 cup 8oz	*Cheese Pizza Salad Bar Kiwi Milk	4oz 3/4 cup 1/2 cup 8oz	PB&J Sandwich *Bread Salad Bar Banana Milk	1oz 2oz 3/4 cup 1/2 cup 8oz	Chicken Teriyaki *Rice Salad Bar Apple Milk	1/2 cup 1oz 3/4 cup 1/2 cup 8oz
Monday	23	Tuesday	24	Wednesday	25	Thursday	26	Friday	27
Quesadilla *Tortilla *Spanish Rice Salad Bar Orange Milk	1oz 1oz 1oz 3/4 cup 1/2 cup 8oz	Chicken Enchilada *Tortilla Refried Beans Salad Bar Apple Milk	1oz 1oz 1/2 cup 3/4 cup 1/2 cup 8oz	Chicken Alfredo *Pasta Salad Bar Pear Milk	1/2 cup 1oz 3/4 cup 1/2 cup 8oz	Hot Dog *Bun Salad Bar Watermelon Milk	1oz 1oz 3/4 cup 1/2 cup 8oz	Pulled Pork Sandwich *Bun Salad Bar Cantaloupe Milk	1oz 2oz 3/4 cup 1/2 cup 8oz
Monday	30								
*Grilled Cheese Tomato Soup Salad Bar Apple Milk	3oz 1/2 cup 3/4 cup 1/2 cup 8oz								

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